



Lockheed Martin HMO Medical Plan

2010 Summary of Benefits

| SERVICE CATEGORY | COVERAGE INFORMATION |
|--|--|
| Physician Services | |
| Office Visits | |
| Physician Office Visits | \$20 PCP Copay/\$40 Specialist Copay |
| Physician Surgical Procedures (Office Setting) | |
| Vision Exams (every two years) | \$40 Copay/Office Visit |
| Pap Tests, X-Ray Services | \$20 Copay/Office Visit |
| Well Baby and Child Care | No Charge |
| Laboratory Services | |
| Hospital | |
| Hospital Inpatient | \$250 Copayment per day (maximum of \$1,000 per admission) |
| Hospital Outpatient-Surgery | \$150 Copay/Visit |
| Hospital Outpatient-Lab & X-Ray | No Charge |
| Hospital Outpatient-Therapeutic Services | \$40 Copay/Office Visit |
| Maternity | |
| Pre/Post Natal Care | \$20 Copay/1st Office Visit Only |
| Hospital Services | \$250 Copayment per day (maximum of \$1,000 per admission) |
| Nursery Care | No Charge |
| Emergency Hospital Care | |
| In-Area (Copay Waived when Followed by Hospitalization) | \$150 Copay/Visit |
| Out-of-Area | No Charge |
| Urgent Care | \$20 Copay/Visit |
| Ambulance | No Charge |
| Chiropractic Benefit | \$40 Copay/Office Visit |
| Durable Medical Equipment | 20% Coinsurance |
| Mental Health (For Short-Term Acute or Crisis Intervention) | |
| Inpatient | \$250 Copayment per day (maximum of \$1,000 per admission) |
| Inpatient Physician | Covered in Full |
| Outpatient | \$40 Copay/Visit |
| Substance Abuse Diagnosis & Treatment | |
| Detoxification | \$250 Copayment per day (maximum of \$1,000 per admission) |
| Rehabilitation Outpatient | \$40 Copay/Visit |
| Physical Therapy (Short Term only - 2 month maximum) | \$40 Copay/Visit |
| Home Health Care | \$40 Copay/Visit |
| Advanced Infertility Services (some exclusions apply) | \$40 Copay/Visit |
| Diabetic Supplies | 20% Coinsurance (up to \$20) |
| Pharmacy Coverage | |
| Retail - 30 day supply | \$10 Generic/\$25 Brand/\$50 Non-Formulary |
| Mail Order - 90-day supply | \$20 Generic/\$50 Brand/\$100 Non-Formulary |
| Lifetime Maximum Coverage | No Maximums |

Prior Authorization is required for all non-emergency inpatient hospital admissions, certain elective outpatient surgical procedures such as MRIs and CAT scans. If utilizing non-participating providers, the member is responsible for notifying MVP Select Care at **1-800-229-5851** at least 10 days prior to the service. This chart is intended to provide a general outline of the plan.

Here's how it works

You choose a Primary Care Physician

You must choose a Primary Care Physician (PCP) from our network for you and each covered member of your family. Your current doctor is probably on our list of thousands of participating physicians. To try a doctor search now, go to mvpselectcare.com and click on the *Provider Search* link at the top of the page, or call **1-800-229-5851**.

Your Primary Care Physician and your health care

Your PCP plays a central role in your health care. For regular check-ups (routine well or preventive care) and basic health screening services, you should consult your Primary Care Physician. These services may not be covered under your contract unless your PCP performs them.

If you need to see a specialist

MVP's network includes physicians from nearly every medical specialty. If you require specialty care, you must use a participating specialist for coverage.

Take advantage of our Core Wellness

Our Core Wellness features include:

Personalized Support Care Management Programs

Working in partnership with your doctor, we provide guidance and support for:

- Asthma
- Cancer
- Cardiac Conditions
- Depression
- Diabetes
- Kidney Dialysis Support
- Low Back Pain
- Maternity
- Mental Health
- Prenatal Care
- Prenatal Care for High Risk Pregnancies
- Smoking Cessation
- Substance Abuse

Online Wellness Tools and Activities

This dynamic site features a Personal Health Assessment, which provides a customized health action plan to target your modifiable risk factors, as well as a variety of interactive tools, including meal planners and grocery lists, personalized cardio and resistance exercise routines, and online coaching classes that can be tailored to your unique interests and lifestyle goals.

Answers and Advice 24/7 Nurse Advice Line

Expert advice on non-emergency questions is just a phone call away, even on weekends, when you call our 24/7 Nurse Advice Line at **1-800-229-5851**.

From Massage Therapy to Gym Memberships Exclusive Member Discounts

Enjoy savings on a wide range of health and wellness products and services.

We are here for you

- Reach our Member Services Department 7 days a week at **1-800-229-5851**.
- Access mvpselectcare.com to find doctors, compare drug costs, look up benefits, change your address, research hospitals and many other time-saving services.