



New PPO Plan Replaces POS Option from MVP Select Care Great Coverage with More Freedom...that's HealthSmart!

Price Chopper associates can enroll in a PPO plan from MVP Select Care for 2009 that offers more flexibility when it comes to getting the health care you need, from the health care providers you choose. This is a new and improved PPO plan that replaces the POS plan and all other MVP health plans previously offered to Price Chopper associates.

What's the Difference Between the Old POS and the New PPO Health Plan?

POS Health Plan	PPO Health Plan
Local in-network coverage.	National in-network coverage through the MVP/CIGNA HealthCare network of health care providers! All MVP members will receive a new PPO health plan I.D. Card that includes the CIGNA logo, indicating your national coverage.
You must designate a primary care physician (PCP).	Choosing a PCP is encouraged, but not required.
To see a specialist, you need a referral from your PCP.	No referrals required to see specialists!

For a detailed benefits summary, please go to your Human Resources Homepage on Price Choppers INTRANET:

<http://www.golub.com/deptinfo/homepage/hr/hr/Benefits/BenefitsCompensation.htm>